

Written Report

It is my great honor to accept the travelling sponsorship to attend the AOREcon Course – Complex Total Hip and Knee Arthroplasty in Davos, Switzerland on 2-3 December 2019.

AOREcon is the latest clinical division established under the renowned AO Foundation in year 2014. Its mission is to provide best-in-class education in joint preservation and replacement. The target participants of this course are arthroplasty surgeons who wish to enhance their knowledge in complex and revision arthroplasty.

This year's course is chaired by Prof. Carsten Perka from Berlin, Germany and Prof. Bassam Marsi from Vancouver, Canada. Many renowned international arthroplasty experts are invited to serve as faculty, including Prof. Chiu from Hong Kong and Prof. YS Park from Korea.

The course is very intensive and interactive. The 2-day course consist of several component including small lectures, case illustration, small group discussion and practical session with Sawbone exercise.

Among all the teaching activities, I am particularly fond of the practical exercise session. Various international experts illustrated the surgical technique and pearl of complex and revision arthroplasty. Examples include: use of Extended Trochanteric Osteotomy [ETO] in removal of well-fixed cemented femoral stem, management of superolateral acetabular defect with metal augment, fixation of posterior column fracture, removal of well-fixed TKA with different instrument, how to perform TTO [tibial tuberosity osteotomy] and how to perform a revision TKA. By using the saw bone and interaction with the faculty, I've learnt a lot of tricks in performing these difficult procedures.

Apart of learning from the faculties, I also met a lot of arthroplasty surgeons from different part of the world including Netherlands, Poland , Peru and Philippines. Through our interaction I've gained insight of arthroplasty surgery development around the world.

To conclude, I highly recommend this course to all young fellows who aim for further development in the field of arthroplasty surgery. I would like to express my greatest gratitude to the Young Fellow Committee of Hong Kong College of Orthopaedic Surgeon for the sponsorship for the course.

